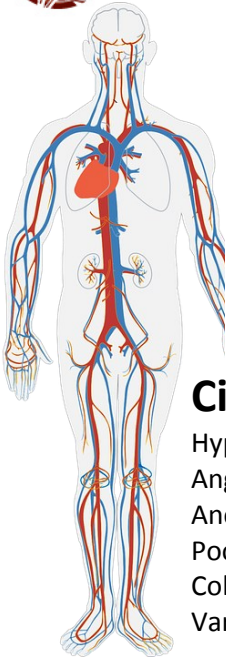


# Conditions Often Treated with Acupuncture

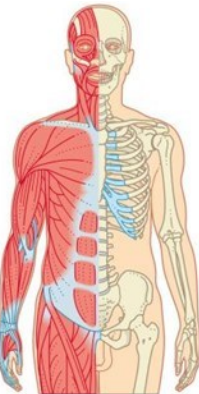


## General

- Stop smoking
- Addiction Support
- Fatigue
- Fibromyalgia
- Immune system support
- PTSD support
- TMJ

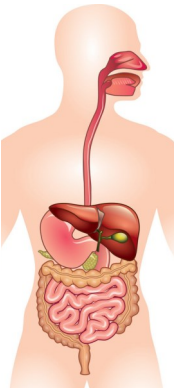
## Circulatory

- Hypertension
- Angina pectoris
- Anemia
- Poor circulation
- Cold hands & feet
- Varicose vein pain



## Musculoskeletal

- Pain and weakness in:
- Back, shoulder, neck, Arms, elbows, wrists, fingers, Knees, ankles, feet*
  - Muscle cramps
  - Sprains and strains
  - Arthritis
  - Disc problems
  - Sciatica
  - Sports and accident injuries

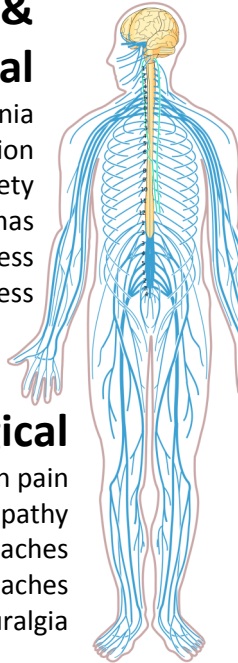


## Digestive

- Hyperacidity
- Diarrhea
- Abdominal pain
- Peptic ulcer
- IBS
- Indigestion
- Constipation
- Food Allergies

## Emotional & Psychological

- Insomnia
- Depression
- Anxiety
- Traumas
- Nervousness
- Effects of stress

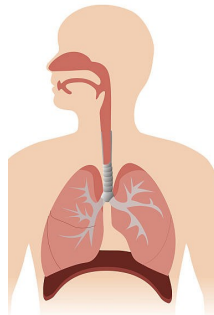


## Neurological

- Post-operation pain
- Peripheral Neuropathy
- Headaches
- Migraine headaches
- Neuralgia

## Respiratory

- Sinusitis
- Common cold
- Sinus Infection
- Tonsillitis
- Bronchitis
- Asthma
- Emphysema
- Allergies



## Gynecological

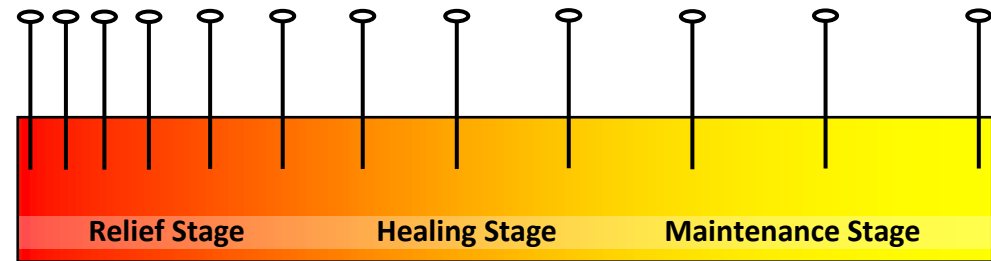
- Irregular periods
- Heavy/painful menstruation
- PMS, Hormone balance
- Menopausal symptoms
- Pregnancy support
- Yeast Infection
- Fertility Support

## Urogenital

- Incontinence
- Frequent Urination
- UTI's
- Cystitis

## How Much Acupuncture Do You Need?

Acupuncture generally works by stimulating the body's innate healing response. The number of treatments for you depends on how much support that healing response needs. Most people will progress over a few common stages of treatment.



In the **Relief Stage**, we'll primarily focus on reducing your symptoms to get you out of distress. During this time, treatments will be close together, usually 2-4 visits per week until you start to feel better.

In the **Healing Stage**, we'll begin correcting the underlying causes of your symptoms with a series of regular treatments, generally 1-2 visits per week.

And finally, in the **Maintenance Stage**, we'll keep you tuned up, take care of little problems before they get bigger, and just generally provide support for the everyday stresses of life. This may be 2-4 visits per month, or just as needed.